

Summer

Scrambling/Mountaineering



Suggested kit list

- 30-40 litre rucksack
 - Lightweight, stiff boots
 - Suitable underwear
 - Mid layer (at least one fleece)
 - Spare fleece/insulated jacket
 - Hat and lightweight gloves
 - Waterproof Jacket
 - Waterproof Trousers
 - Sunglasses
 - Sun cream
 - Water bottle \geq 0.5 litres
 - Lunch
 - Thermos flask (optional)
 - Camera (optional)
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- Climbing/Mountaineering helmet *
 - Climbing Harness *
 - Climbing hardware *
(this can be a discussion point on the day, to give you a more informed idea as to what hardware is useful in the given terrain.)

*this kit can be supplied at an extra cost.

Please consult with us about any kit queries, we can advise on the appropriate model you may need.

