Winter





Suggested kit list

- 40 litre rucksack
- 4 season B3 Mountaineering boots
- Crampons *
- Ice axe *
- Harness
- Helmet
- Goggles
- Suitable underwear
- Base layer top
- Base layer bottom or soft-shell trousers
- Mid layer (at least one fleece)
- Spare fleece/insulated jacket
- Hat and Gloves x2
- Waterproof Jacket
- Waterproof Trousers
- Sunglasses (yes really!)
- Sun cream (and again!)
- Water bottle ≥ 0.5 litres
- Lunch
- Thermos flask
- Camera (optional)
- Maps of area to be used * (optional)
- Compass * (optional)

*this kit can be supplied at an extra cost.

Please consult with us about any kit queries, we can advise on the appropriate model you may need.